

# Beyond Words

## Communication Based on Minimal Signals and Body Language

### 3-Module Intensive Training for Working with People in Coma, Vegetative States (UWS), with Dementia or in Dying Processes

In hospices, nursing homes and intensive care units, people live in existential situations. As relatives and often also as professional helpers, we feel insecure, anxious, helpless and full of concern in these situations. We experience how people „disappear“ and do not know how to reach or support them. If ordinary communication is not available, we need to discover new forms of communication that help us building a bridge between us on one side and the inner journey of a person on the other side.



Join our training to experiment with new forms of communication, explore your own reactions and edges, and be inspired by your curiosity.

The training format was developed by Peter Ammann and has been successfully applied since more than 10 years in Germany, Slovakia, the Czech Republic, Switzerland and United Kingdom. In addition, we draw on the rich experiences of Amy and Arny Mindell, who have developed the so-called Process-oriented Coma Work in the 1990's. Their pioneering work and the continuous development also by our international colleagues, such as Jean-Claude Audergon, Stan Tomandl, Pierre Morin, Gary Reiss, Ingrid Rose support us and make this work so unique.

## Intensive Training - What, when and where?

### Basic module: 20<sup>th</sup> - 22<sup>nd</sup> June 2019

This module can be booked separately. You learn how to observe nonverbal manifestations of life, such as the changing rhythm of breath, gestures and minimal movements. You learn to expand your communication and relationship skills beyond the known in order to help people in these seemingly unreachable states of consciousness, and to follow their inner experiences. You will learn to communicate through sounds, breathing, touch and sensing in various exercises.

### Advanced modules I und II: 26<sup>th</sup> - 28<sup>th</sup> August 2019 and 28<sup>th</sup> - 30<sup>th</sup> Oktober 2019

During the advanced modules we will deepen the skills of the basic module. You will learn „binary communication“ (yes-no communication) to actively involve people in coma, vegetative states and other remote states of consciousness. Process-oriented Coma Work supports the natural healing process for people with brain injuries. We can also support people at the end of life going through a transition into another realm. Using touch, sound, rhythm and movement we learn to further adapt our „language“ to their needs. We discover meaningful experiences and the often unnoticed depths of human experience in coma, after strokes and within states of dementia as well as in ourselves.



**Between the modules we offer two online sessions together with Jean-Claude Audergon (Processwork UK).**

The exercises and theory will be conducted in English and German. You can find further details about the training on our website.

#### The training contains:

- participation in the basic module and the advanced modules I and II
- two 1.5-hour online sessions between the modules in order to apply the learning into practice
- detailed teaching material with concrete instructions and various exercises
- write ups of two cases following step by step instructions
- detailed individual feedback on the write ups
- the opportunity for personal support and case supervision
- certificate of attendance from the Processwork Institute Germany after successful completion.
- the intensive training includes 72 teaching lessons.

The training consists of short theory intros, case studies, live demonstrations, small group work and dyad exercises. You are invited to share cases out of your practice.

#### Teachers

**Peter Ammann**, Dipl. PW, psychologist together with **Jean-Claude Audergon**, Dipl. PW, MSc. Psychology

#### Costs and Venue

410 €, early bird booking before 25.04.2019: 380 € for the basic module.

1250 € package price of the intensive training upon registration and payment of course fee until 1.05.2019, afterwards 1320 €. The modules will take place in our seminar room in Wuppertal, Germany.

For participants in a financially difficult situation or from countries with a weaker economical situation, we offer a limited number of places at a reduced seminar fee. However, given the additional costs involved, such as translation into English, we must have enough binding registrations to provide places at a reduced fee.

You have further questions or like to get to know us beforehand? Please give us a call, send us an e-mail or check our website.

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