

Dreams, Myths and the Dreaming

A 3-day intensive training in Processwork focussing on the transformative potential in night dreams and the meaning of myths and fairytales for our personal and professional development



Dreams and myths offer opportunities to step out of our everyday consciousness and to connect with our creative potential (dreaming process). Each of us follows an individual myth, which often only reveals itself in crisis situations, through illnesses or in difficult relationship conflicts. Then it can become an opportunity for change and transformation.

In the seminar, we want to encourage you to experience your deepest questions about life. Let your answers emerge from your deepest self and find out, how you can live your life more fully.

Methods and Goals

You will learn creative methods and a variety of techniques of Processwork for exploring and understanding your night dreams and connect with your personal myth. The goal is to find your very individual powers and potentials for your professional and personal life.

Working with dreams is based on the research and insights of C.G. Jung and was further developed by Arnold Mindell in a very unique way. The inclusion of dreams and myths in counseling, therapy and any form of accompanying people in challenging life situations can initialize profound transformations in various areas of life: personally, professionally, in relationships, families and groups.

We work in alternation of practical short lectures, case studies, small group work and creative partner exercises that help you to come into contact with your personal life myth and to accompany and support other people more deeply.

Target Group

For all who want to learn more about the transformative potential in dreams and myths and who want to apply their experiences in working with other people - e.g. Coaching, therapy and any form of counselling and support

When?

13.-15. March 2020 (24 UE)

Friday and Saturday: 10:00-18:00

Sunday: 10:00-16:00

Where?

Germany, Seminar Room Wuppertal,
42103 Wuppertal, Friedrich-Ebert-Str. 55

Who?

Kirsten Wassermann und Peter Ammann,
Clinical Psychologists and Coaches

Costs?

Early Bird: 395/450 € depending on income until
17.01.2020

Afterwards 435/495

For more infos please contact us:

<https://institut-prozessarbeit.de>

Registration?

Institut für Prozessarbeit Deutschland GmbH

Phone: +49 202 429 697 00

E-Mail: info@institut-prozessarbeit.de