

## Beyond Words

### Communication Based on Minimal Signals and Body Language

#### **3-Module Intensive Training for Working with People in Coma, Vegetative States (UWS), with Dementia or in Dying Processes**

In hospices, nursing homes and intensive care units, people live in existential situations. As relatives and often also as professional helpers, we feel insecure, anxious, helpless and full of concern in these situations. We experience how people „disappear“ and do not know how to reach or support them. If ordinary communication is not available, we need to discover new forms of communication that help us building a bridge between us on one side and the inner journey of a person on the other side.



Join our training to experiment with new forms of communication, explore your own reactions and edges, and be inspired by your curiosity.

The training format was developed by Peter Ammann and has been successfully applied since more than 10 years in Germany, Slovakia, the Czech Republic, Switzerland and United Kingdom. In addition, we draw on the rich experiences of Amy and Arny Mindell, who have developed the so-called Process Oriented Coma Work in the 1990's. Their pioneering work and the continuous development also by our international colleagues, such as Jean-Claude Audergon, Stan Tomandl, Pierre Morin, Gary Reiss, Ingrid Rose support us and make this work so unique.

**Institut für Prozessarbeit Deutschland GmbH**

<https://institut-prozessarbeit.de>

# Intensive Training - What, when and where?

## Basic module: 5<sup>th</sup> – 7<sup>th</sup> February 2021

This module can be booked separately. You learn how to observe nonverbal manifestations of life, such as the changing rhythm of breath, gestures and minimal movements. You learn to expand your communication and relationship skills beyond the known in order to help people in these seemingly unreachable states of consciousness, and to follow their inner experiences. You will learn to communicate through sounds, breathing, touch and sensing in various exercises.

## Advanced modules I and II: 17<sup>th</sup> – 19<sup>th</sup> May 2021 and 6<sup>th</sup> – 8<sup>th</sup> September 2021

During the advanced modules we will deepen the skills of the basic module. You will learn „binary communication“ (yes-no communication) to actively involve people in coma, vegetative states (UWS) and other remote states of consciousness. Process Oriented Coma Work supports the natural healing process for people with brain injuries. We can also support people at the end of life going through a transition into another realm. Using touch, sound, rhythm and movement we learn to further adapt our „language“ to their needs. We discover meaningful experiences and the often unnoticed depths of human experience in coma, after strokes and within states of dementia as well as in ourselves.

## Between the modules we offer two online sessions: 25<sup>th</sup> March and 1<sup>st</sup> July 2021, 6:30 to 8 pm (CEST)

The exercises and theory will be conducted in English and German. You can find further details about the training on our website.

## The training contains:

- participation in the basic module and the advanced modules I and II
- two 1.5-hour online sessions between the modules in order to apply the learning into practice
- detailed teaching material with concrete instructions and various exercises
- write ups of two cases following step by step instructions
- detailed individual feedback on the write ups
- the opportunity for personal support and case supervision
- certificate of attendance from the Processwork Institute Germany after successful completion.
- the intensive training includes 74 teaching lessons.



The training consists of short theory intros, case studies, live demonstrations, small group work and dyad exercises. You are invited to share cases out of your practice.

**Teacher:** Peter Ammann, Dipl. PW, psychologist

## Costs and Venue

- 1485 € package price of the intensive training upon registration and payment of course fee until 11.12.2020, afterwards 1585 €.  
The three modules will take place in our seminar room in Wuppertal, Germany.
- 410 € for the basic module (exempt from value added tax); prices for corporate customers on request.
- 1190 € for separate booking of the advanced modules I and II. Prerequisite is the participation in the basic module or an equivalent training. Please contact us.

For people from countries with differing economy we offer a reduced rate. We also offer a limited number of scholarships, depending on the number of participants. Please contact us with a brief description of your situation.

You have further questions or like to get to know us beforehand? Please send us an e-mail or check our website.

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